

UNIVERSITY OF CALCUTTA

ACADEMIC DEPARTMENT: APPLIED PSYCHOLOGY

FACULTY ACADEMIC PROFILE

- 1. Full name:** **Dr. Soheli Datta**
- 2. Designation:** Assistant Professor, Department of Applied Psychology, C.U.
Core Faculty, M.Phil in Clinical Psychology Programme, CPCUC
- 3. Specialisation:** Clinical Psychology, Stress Management, Psychological Assessment, Psychotherapy, Psychological Rehabilitation and Counselling
- 4. Photograph**



- 5. Contact information:**
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- 6. Academic Qualifications:**

College/University from which the degree was obtained	Abbreviation of the degree
Gokhale Memorial Girls' College	B.Sc. (Honours) in Psychology
University of Calcutta (UCSTA)	M.Sc. (Honours) in Psychology
University of Calcutta (UCSTA)	M.Phil. in Clinical Psychology [RCI Licensed Clinical Psychologist]
University of Calcutta (UCSTA)	Ph.D. in Psychology

7. Positions held/ holding:

- Former Clinical Psychologist at Command Hospital, Eastern Command, Kolkata, February, 2015 to November, 2015
- Assistant Professor, Department of Applied Psychology, University of Calcutta, Kolkata, November, 2015 till present
- Core Faculty, M.Phil. in Clinical Psychology, Clinical Psychology Centre of University of Calcutta, UCSTA, November 2015 till present
- Joint Organizing Secretary, National Conference on Expanding Frontiers of Applied Psychology: Golden Jubilee Celebration, Department of Applied Psychology, University of Calcutta, 3rd and 4th March 2017
- Coordinator, Adolescent Health Clinic, Department of Applied Psychology, University of Calcutta, March 2017 till present
- Coordinator, One Day Workshop on “Application of Somatic Inkblot Series in Personality Assessment, Diagnostic Evaluation and Therapeutic Intervention”, 21st December, 2016
- Coordinator, Workshop on “Teaching and Supporting individuals with Autism”, 3rd and 4th January, 2017
- Session Coordinator, Series of Webinars conducted by Department of Applied Psychology, University of Calcutta in January 2021

8. **Research interests:** Clinical and Forensic Psychology Child and Developmental Psychology, Geriatric Psychology, Projective Psychology, Psychotherapeutic researches, Cognitive Psychology, Psychological Assessment, Psychotherapy and Rehabilitation

9. Research guidance:

Number of researchers awarded M.Phil/Ph.D degrees: 9 (M.Phil)

Number of researchers pursuing M.Phil/Ph.D degrees: 2 (M.Phil)

10. Membership of learned societies:

- a. Life Member, Somatic Inkblot Society (International)
- b. Professional Life Member, Indian Association of Clinical Psychologists (National)
- c. Life Member, Indian Academy of Applied Psychology (National)
- d. Reviewer, Indian Journal of Psychiatry
- e. Reviewer, Journal of Education, Society and Behavioural Science

11. List of Publications:

sl. no	Article	ISSN
1	Datta S. and Das S. (2015). A comparative study of some psychosocial factors in Schizophrenia. Indian Journal of Clinical Psychology, 42(2), 102-110	ISSN: 0303-2582
2	Datta S., Das S., and Dogra A.K. (2015). Generalized Anxiety Disorder, Social Phobia and Mixed Anxiety & Depressive Disorder: A	ISSN 0972-4427

	Comparative Study of Metacognition and Stressful Life Events, Ind. J. of Psychol Issues, 23(2), 35-48	
3	Dogra A.K., Datta S., Mukherjee A., and Saha B. (2015) Career Maturity: A correlational study among girl adolescents. International Journal of Education and Management Studies, 5(3), 250-253	ISSN: 2231-5632
4	Mukherjee A., Datta S., Sanyal A., Dogra A.K., and Das S. Personality of Children with Emotional Disorders: A psychodynamic study, (2016). SIS J. Proj. Psy. & Ment. Health, 23, 22-26	ISSN: 0971-6610
5	Datta S. and Das S. Cognitive Behaviour Therapy in Social Phobia- A Case Study, (2016). SIS J. Proj. Psy. & Ment. Health. 23, 88-95	ISSN: 0971-6610
6	Datta S. and Das S. (2016) Application of Self-Regulatory Executive Function (S-REF) Model in psychopathology formulation of patients with anxiety disorders, Indian Journal of Clinical Psychology, 43(1), 12-19.	ISSN: 0303-2582
7	Datta S. and Das S. (2016). Metacognitive style and stress vulnerability: Interpretative approaches from TAT narratives, International Journal of Social Sciences Review, 4 (3), 359-364.	ISSN: 2324-8033
8	Datta S. and Mukherjee T. (2017). A Clinical Case Study with Acceptance and Commitment Therapy, Indian Journal of Clinical Psychology, 44(1), 68-74	ISSN: 0303-2582
9	Rai R. And Datta S. (2017). Application of Cognitive Behaviour Therapy in GAD: A clinical case study in the socio-cultural context of West Bengal, Indian Journal of Health and Well-being, 8(10), 1276-1249	ISSN-p-2229-5356
10	Das I. and Datta S., A comparative study to assess the dimensions of personality, depression and aggression among male bodybuilders. Indian Journal of Community Psychology, 2018, 14(1),168-179	ISSN-0974-2719
11	Dhar S. and Datta S., (2019). Psychosocial impact of women undergoing treatment of infertility. Disabilities and Impairments. Vol. 33 No. 1, pp 45-55	ISSN 0970 356X
12	Dutta S. and Datta S., (in press). Behind the prison wall- a secluded kingdom: A comparative study of criminal thinking and aggression among male and female convicts in charge of committing murder	ISSN 0019-5545
13	Chatterjee S. and Datta S. (accepted). Role of Mindfulness and Cognitive Behaviour Therapy on Individuals Diagnosed with Obsessive Compulsive Disorder. Indian Journal of Clinical Psychology	ISSN: 0303-2582
14	Dutta S. and Datta S., (2021). A Comparative Study on Social Desirability, Self-Esteem, Self-Consciousness, Sensation Seeking Behaviour and Mood & Feelings of College and University Going Students With and Without Selfie Addiction. International Journal of All Research Education and Scientific Methods (IJARESM), Volume 9, Issue 8, August -2021	ISSN: 2455-6211

12. Invited Lectures/Webinars Delivered:

- a. Emerging psycho-social issues among college-going adults at Rammohan College, in January, 2016
- b. Stress and Diabetology, at Mukta Mancha, Kolkata in February, 2016
- c. Mental Health Hazards among adolescents at Rammohan College, in March, 2017
- d. Psychological Assessment at Indian Institute of Foreign Trade, 2018

- e. Depression and Suicide at Sishu Mangal Hospital, July 2018
- f. Stress among engineering students in pandemic, Webinar, Greater Kolkata College of Engineering and Management, December, 2020
- g. Food Safety: Concern for all, Webinar, Silver Point School, June, 2021

13. Awards:

- a . Recipient of Sheela Kanoria Scholarship, from Rotary International, Rotary Club of Calcutta, on 21st June, 2013
- b . Recipient of Order of Merit from University of Calcutta for obtaining the 2nd Rank and Letter Grade A+ in M.sc (Honours) in Psychology (2012)

14. Participations

- Presented a Paper titled, Application of Self-Regulatory Executive Function (S-REF) model in psychopathology formulation of patients with Anxiety Disorders, 42nd NACIACP, 2016
- Presented a Symposium on “Acceptance and Commitment Therapy: Theory, Practice and Utility”, National Conference on Expanding Frontiers of Applied Psychology: Golden jubilee Celebration, 2017
- Presented a Symposium on “Understanding Child and Adolescent Psychopathology: Socio Cultural Changes and Major Shifts in Perspectives And Policies”, 44th NACIACP, 2018
- Presented a poster on “Psychopathology in Anxiety Disorders: A study of Metacognition, Thought Control and Life Events at the WPA World Congress of Psychiatry (2019) at Lisbon, Portugal
- Presented a poster on “A Comparative study of Socio-Adaptive Functioning, Emotional Intelligence and Theory of Mind in Autism and Normal Controls”, 47th NACIACP, 2021 (Virtual)
- Presented a Symposium on “Beyond Cognitive-Behavioural Approach: Into the world of Mindfulness and Its Diversities”, at the 32nd International Congress of Psychology (2021, Virtual) at Prague, Czech Republic
- Presented a poster on “Discrimination, distress, acceptance and social support: A comparative study among Lesbian, Gay and Bisexuals” at the 32nd International Congress of Psychology (2021, Virtual) at Prague, Czech Republic

Soheli Saha

Signature of the faculty member