

## **PALLAVI MAJUMDER**

- > CLINICAL PSYCHOLOGIST
  - > CRR no: A88501
  - > CURRENTLY JOIN AS A  
ASSISTANT PROFESSOR  
(CONTRACTUAL) IN  
CLINICAL PSYCHOLOGY  
CENTRE OF UNIVERSITY OF  
CALCUTTA
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### **SUMMARY**

Clinical Psychologist with practice in hospital-based set-up, with expertise in psychological assessment, diagnosis, and evidence-based treatment planning. Trained in various psychotherapy modalities for child as well as adult (CBT,BT,DBT,MET MBCT,IPT,ACT), crisis intervention and multicultural competence. Mindful Communicator, empathetic listener, and dedicated to continuous professional development. Committed to providing comprehensive, ethical, and culturally sensitive care to promote mental health and well-being.

### **EDUCATION:**

1. HIGH SCHOOL: BATHCH OF 2012, WBSE BOARD WITH 60%
2. HIGHER SECONDARY: BATCH OF 2014 WBHSE BOARD WITH 76%
3. GRADUATION: BACHELOR OF ARTS (HONS). PSYCHOLOGY, CALCUTTA UNIVERSITY, ASUTOSH COLLEGE, 2014-2017, 54%
4. POST-GRADUATION: MASTER OF ARTS (APPLIED PSYCHOLOGY), CALCUTTA UNIVERSITY, UNIVERSITY COLLEGE OF SCIENCE, TECHNOLOGY AND AGRICULTURE, 2017-2019, 63.4%
5. POST GRADUATE DIPLOMA IN DISABILITY AND REHABILITATION MANAGEMENT, WEST BENGAL UNIVERSITY

OF HEALTH SCIENCE, NATIONAL INSTITUTE FOR LOCOMOTOR DISABILITY, 2019-2020, 72%

6. MASTER'S IN PHILISOPHY (CLINICAL PSYCHOLOGY), DEPARTMENT OF CLINICAL PSYCHOLOGY, INSTITUTE OF PSYCHIATRY, A CENTRE OF EXCELLENCE, KOLKATA, 2021-2023, 63%

### **WORK EXPERIENCE :**

- HIGHER SECONDARY SCHOOL PSYCHOLOGY TEACHER, BARISHA PURBAPARA HIGH SCHOOL, WEST BENGAL BOARD, SEPTEMBER 2019- JANUARY 2020.
- 2024 JANUARY, JOIN AS A ASSISTANT PROFESSOR (CONTRACTUAL) IN CLINICAL PSYCHOLOGY CENTRE OF UNIVERSITY OF CALCUTTA

### **Workshops/ Conferences/CRE (attained)**

- CRE & workshop on ' Behavioural Medicine- Assessment and Management Approach' organized by department of Clinical Psychology, Institute of Psychiatry, A Center of Excellence, Kolkata, February 2023.
- 2days workshops on 'Gestalt Psychotherapy in action' by Dr. Sam Manickam, Organized by Department of clinical Psychology, Institute of Psychiatry, A center of Excellence, Kolkata, May 2023
- 4 days CRE workshop on ' Mental Health for a changing world: new Challenges and opportunities' at 1<sup>st</sup> National Annual Conference of Clinical Psychology Society of India in association with Department of Clinical Psychology, NIMHANS from 9<sup>th</sup> to 12<sup>th</sup> August , 2023

### **Skills and Interests:**

- Knowledgeable in using diagnostic criteria, such as the Diagnostic and Statistical Manual of Mental Disorders (DSM) & International Classification of Diseases (ICD), to accurately diagnose mental health conditions.
- Proficient in administering and interpreting psychological assessments, conducting diagnostic interviews, and evaluating mental health conditions.
- Skilled in developing comprehensive treatment plans tailored to individual clients incorporating evidence-based therapies and techniques.
- Experience in delivering various psychotherapy modalities, such as cognitive-behavioral therapy (CBT), behaviour therapy (BT), dialectical behaviour therapy (DBT), and mindfulness-based approaches.
- Strong organizational skills in maintaining accurate and confidential client records, progress notes, and treatment plans.
- Familiarity to work with MS Office and SPSS.

### **Research Work/Seminars Presented:**

- ‘To study the effect of instrumental and vocal music on job satisfaction, organizational commitment, team effectiveness and self- efficacy of employees in manufacturing and service sector’ under Dr. Ishita Chatterjee, Assistant Professor at department of Applied Psychology, Calcutta University, 2019.
- ‘An examination of the Emotional Intelligence and potential for creativity among male and female adolescent group having Cerebral Palsy’ under Dr. Payel Rai Chowdhury Dutt, Assistant Professor and Coordinator at department of Human Rights and

Human Development, West Bengal university of health science, 2020.

- ‘A study on Psychopathology and Coping of Patients With End-Stage Renal Disease Undergoing Hemodialysis’ under Ms. Amrita Mitra, Dr. Sreetama Chatterjee and Dr. Arpita Ray Chaudhury, Assistant Professors at IPGMER, Kolkata, West Bengal university of health science, 2023.

- Seminar on “Future Direction of Forensic Psychological Assessment”

under – Ms. Chhavi Tewary, *Clinical Psychologist at department of clinical psychology, IOP-COE*

- Movie Review of “Tokri” by suresh Eriyat  
studio eeksaurus, under Dr. Sreetama Chatterjee, Clinical Psychologist at Department of Clinical Psychology, IOP-COE
- Seminar on “Developments in Neuropsychological Assessment and Cognitive Rehabilitation in patients with Dementia” under Dr. Anwesha Mondal, assistant professor, dept. of clinical psychology, IOP-COE
- Seminar on “Self and its Healing: Oriental Practices with significance on Indian Tradition” under Dr. Prasanta Kumar Roy, Assistant Professor, dept. of Clinical Psychology, IOP-COE
- Attended 3 days in February 2024, National conference of NACIACP at Indore and Present Research Paper on Resilience: A Protective Factor Against Psychopathology, and its role in maintaining quality of life of individual undergoing Hemodialysis.

### **Miscellaneous:**

- Fluent in language Bengali, Hindi, English.

- Basic training in Graphology under Kolkata Institute of Graphology (Passed with distinction)
- 2+ years training in Musical Instrument Acoustic Drums.
- 5<sup>th</sup> years diploma in Fine arts (passed with Distinction).