

SARANYA BANERJEE

E-Mail: saranvabanerjee92@gmail.com **Contact:** +91-9874734334(M)



Personal Dossier

Date of Birth: 1st March 1992

Language Proficiency: English, Hindi and Bengali

Nationality: Indian

Present Address: 147, Lake Town, Block-B, Kolkata-700089

Father's Name : Sagarmoy Banerjee

Mother's Name: Mita Banerjee

Current Designation: Assistant Professor (Contractual), Clinical Psychology Centre of University of Calcutta

Academic Credentials

- ⇔ Completed **Ph.D in Psychology** from Department of Psychology, University of Calcutta on November, 2024.
- ⇔ Completed **M.Phil in Clinical Psychology** in 2018 under Clinical Psychology Centre of University of Calcutta. Secured 70% (1st Class) (RCI registration No.- A60750)
- ⇔ Qualified **National Eligibility Test (NET)** held on December 2015 (both Lecturership and Joint Research Fellowship)
- ⇔ **M.Sc(2nd yr)** In Psychology Under University of Calcutta in 2015.
- ⇔ **B.Sc.(Hons.) in Psychology with Economics and Political Science as general subjects** from Gokhale Memorial Girls' College, University of Calcutta in 2013. Secured 1st Division (69.5%).
- ⇔ **XII (Subjects: English, Bengali, Environmental Education, Political Science, Geography, Psychology, History)** C.I.S.C.E. in 2010. Secured 95%(best of 4) from Pratt Memorial School.
- ⇔ **X (Subjects: English, Bengali, Environmental Education, History Civics & Geography, Mathematics, Environmental Science and Economics)** C.I.S.C.E in 2008. Secured 90.2%(best of 5) from Pratt Memorial School.

Work Experience

Clinical Experience

- ⇔ Associated with Project titled “Brain-behaviour Functioning...” (funded by DST-CSRI) as UGC-JRF Scholar from May 2018 to March 2020. (Also conducted pilot study for Ph.D programme during the same phase)
- ⇔ Worked as Clinical Psychologist in the project ‘Integrated Intervention...’ funded by Directorate of Child Rights and Trafficking from May, 2020 to May 2022.
- ⇔ Worked as Project Coordinator in a project ‘Resource Hub for Mental Health and Psychosocial Services for Children’ funded by UNICEF from May, 2021 to April 2022.
- ⇔ Worked as Clinical Psychologist to provide online therapeutic services in a Child Care Institution, funded by UNICEF from June 2021 to January, 2022.
- ⇔ Provided Psychological Service to children in community settings.
- ⇔ Currently working as a Clinical Psychologist in private set ups.

Teaching Experience

- ⇔ Worked in Amity University, Kolkata as Visiting Faculty since November, 2022 to May, 2023.
- ⇔ Worked as a Full time Faculty member in St. Xavier’s University, Kolkata, from August, 2023 to December, 2023.
- ⇔ Currently Working as Assistant Professor (Contractual) in the Clinical Psychology Centre of University of Calcutta from January, 2024

Workshop Experience

- ⇔ Conducted several workshops in association with Directorate of Child Rights and Trafficking to orient child welfare officers and workers about Mental health and functioning of children in conflict with law and children in need of care and protection.
- ⇔ Conducted several workshops in association with UNICEF to orient counsellors of Child care institutions (CCI) and District Child welfare unit (DCPU) about Mental health and functioning of children in conflict with law and children in need of care and protection.

IT Skills

- ⇔ Knowledgeable in MS Word, MS Excel and MS Powerpoint.

Other Course

- Received formal training in chess and participated in Inter-school level, state level and national level tournaments.
- Received 5 years of formal training in Kathak Dance.
- Completed 1st Degree of Comprehensive Hand Writing Analysis Course.
- Received Cogmed Training from Pearson in the year 2018

Papers Presented

- Caregivers' Burden, Personality, Internalised Stigma and Psychological Morbidity: An exploratory study among spouses of individuals with mental illness, presented at 44th NACIACP 2018 & Golden Jubilee Year Celebration of IACP, organized by Department of Psychology and Mental Health, SHSS, Gautam Buddha University in the year 2018.
- A case study of Psychopathology and Personality Processes in Twins of Indian Origin, presented at 44th NACIACP 2018 & Golden Jubilee Year Celebration of IACP, organized by Department of Psychology and Mental Health, SHSS, Gautam Buddha University in the year 2018.
- Effect of Cognitive Training on cognitive flexibility and non-verbal memory of Individuals with Obsessive Compulsive Disorder, presented at ICCSR Sponsored and RCI accredited Three day National Conference on "Entitlement, Equality and Mental Health: Contemporary Psychosocial Perspectives" organized by Department of Applied Psychology, Kazi Nazrul University, Asansol.
- Developing a Skill Based Training Programme for Children in conflict with Law' presented at 48th National Annual Conference of Indian Association of Clinical Psychologists.
- Poster Presentation on 'Application Of Third Wave Cognitive BehaviourTherapy Approach On Children In Conflict With Law: A Case Study Approach' at 8th Asian CBT Congress.

Awards

- 'Session Best Paper' Award for presenting a paper titled Effect of Cognitive Training on cognitive flexibility and non-verbal memory of Individuals with Obsessive Compulsive Disorder at ICCSR Sponsored and RCI accredited Three day National Conference on "Entitlement, Equality and Mental Health: Contemporary Psychosocial Perspectives" organized by Department of Applied Psychology, Kazi Nazrul University, Asansol.

- Session Best Paper' Award for presenting paper titled '**Developing a Skill Based Training Programme for Children in conflict with Law**' at 48th National Annual Conference of Indian Association of Clinical Psychologists.
- 'Session Best Paper' Award for Poster Presentation titled '**Application Of Third Wave Cognitive Behaviour Therapy Approach On Children In Conflict With Law: A Case Study Approach**' at 8th Asian CBT Congress.

Publications

- Mukherjee, A. Dogra, A.K., **Banerjee, S.** (2014). Happiness in IT Professionals: Does it depend on organizational role stress or stressful life events. Indian Journal of Positive Psychology, 5(2), 160-162.
- Mukherjee, A. Dogra, A.K., **Banerjee, S.** (2014). Flourishing Under Fire: Existential Meaning and cognition emotion regulation against suicidal ideation. Indian Journal of Health and Well being.
- Dhar, S. **Banerjee, S.** Mukherjee, A. Dogra, A.K. (2016). Self-Concept among Adolescents of Mixed Sex and Single Sex Education Schools. The International Journal of Indian Psychology, 3(2).
- **Banerjee, S.** Das, S. (2018) Caregivers' Burden, Personality, Internalised Stigma and Psychological Morbidity: An exploratory study among spouses of individuals with mental illness. International journal of Scientific Research. 7(11), 20-22.
- **Banerjee, S.** Ray, D. (2020) A case study of Psychopathology and personality processes in twins of Indian origin. Indian Journal of Health and Well being (in press).
- **Banerjee, S.** Paul, P. Das, S. (2020). A Case Study on the Neuropsychological correlates of Behaviour of a Child in conflict with Law. Indian Journal of Psychosocial Research (in press).
- Chakraborty, S. Karmakar, A. Chakraborty, A. Mukherjee, A. Das, T. Bhattacharya, M. Sanyal, A. **Banerjee, S.** Ganguly, A. Ghosh, U. Mitra, A. Kaur, J. Dogra, A.K. Bhattacharya, J. Das, S. (2020) Construction of 'Kolkata-Mental Illness Stigma Scale (K-MISS)'. Indian Journal of Health and Wellbeing, [S.I.], p. 363-370, sep. 2020. ISSN 2321-3698.
- Chakraborty, A. Kashyap, K. Sanyal, A. Ganguly, A. **Banerjee, S.** Das, T. Ghosh, U. Karmakar, A. Dogra, A.K. (2020) Does Stigma Towards Alcoholics Vary with their Socio-Demographic Context? : An Experimental Study. IAHRW International Journal of Social Sciences Review.
- Karmakar, A., Dutta, S., Chakraborty, A., Mukherjee, A., Bhattacharya, J., Malas, B., **Banerjee, S.**, Dogra, A. K., & Chaudhuri, A. (2021) Construction of a Scale on Coping Repertoire during COVID-19 Pandemic. The Journal of Behavioral Science, 16(1).
- **Banerjee, S.** Banerjee, U. (2021). Effect of Cognitive Training on Cognitive Flexibility and Non-Verbal Memory of Individuals with Obsessive Compulsive Disorder: A pre-post study. The International Journal of Indian Psychology.
- Podder, P. **Banerjee, S.** Paul, P. Das, S. Vaya, S.L. Chatterjee, S. Dogra, A.K. (2021). A Study on Executive Functioning and Maladaptive Behaviour of Children

in Conflict with Law. Indian Journal of Clinical Psychology. Volume 48; No-3, 30-35.

- Podder, P. Chatterjee, R. **Banerjee, S.** Das, S. (2022). Addressing the Mental Health Issues of Children and Adolescents in COVID-19 Pandemic: A Comprehensive Approach. Indian Journal of Health and Wellbeing. 13(2):264-269
- Das, S., Podder, P., **Banerjee, S.**, Roy, S., Roy, S., Mitra, N. (2022). Aggression in Juveniles: Current Psychosocial Context. International Research Journal on Police Science, 7(1&2), 59-71.
- Das, S., **Banerjee, S.**, Chatterjee, S., & Roy, S. (2022). Skill-based Intervention Programme for Children in Conflict with Law: An Innovative Approach from University of Calcutta. International Journal of Research and Innovation in Social Science, 6(7).
- **Banerjee, S.**, Roy, S., Dogra, A.K., Das, S. (2022). A search for neuropsychological indicators: a comparative study with children with conflict in law. Indian Journal of Forensic Medicine & Toxicology, 17(1).

Book Publication

- Author of several chapters in the Book “Entering a New Paradigm: Journey with Children in conflict with Law”, edited by Prof. Sanjukta Das and Dr. Atanu Dogra and published by Academic Publishers.
- Das, P., Banerjee, S. & Das, S. (2024). Compassion from the lens of college going young adults. *The changing landscape of school psychology*. Indian School of Psychology Association. ISBN 978-93-91690-35-9
- Banerjee, S. & Chakraborty, N. (2024). An overview of the theoretical perspectives in Middle Adulthood. *Midlife: Multidisciplinary Theories, Thoughts and Issues (1st ed.)*. Routledge India. <https://doi.org/10.4324/9781003568360>
- Banerjee, S & Das, S. (In Press.) Third Wave CBT for CCL: Entering A New Paradigm. *Case Studies in Cognitive Behavioural Intervention: Beyond the basics*. To be published by Peter Lang International Academic Publishers, Germany.

