

## **Profile of Prof. (Dr.) Sanjukta Das**

Name : Sanjukta Das  
Email id – [sanjuktahope@gmail.com](mailto:sanjuktahope@gmail.com)  
Current Designation : Professor  
Department : Department of Psychology, University of Calcutta  
Area of specialization : Clinical Psychology

**Academic Qualifications** – M.Sc., M.Phil in M&SP, Ph.D.

### **Research Experience** –

Acted as principal investigator and co-investigator in different projects funded by UGC-SAP, ICSSR, UGC-CPEPA, DST-CSRI.

Acted as supervisor of dissertations of MA/MSc in Psychology, M.Phil in Clinical Psychology and Ph.D theses. Dissertations and theses are successfully completed.

### **Research areas**

- Abused childhood
- Internalizing & Externalizing disorders
- Mental health Crises and psychosocial intervention
- Children in Conflict with Law and Children in need for care and protection
- Psychology and Music
- Personality growth & adult development and aging.

### **Few Research Projects** –

- On Neuro-Cognitive Functions In Geriatric Groups- UGC- CPEPA from CPEPA, University of Calcutta.
- On Intervention programme of Juvenile Delinquents: DST-CSRI (Govt. of India). (2017-2020) from department of Psychology, University of Calcutta

### **Consultancy Projects** –

- Coordinator of consultancy project on mental health issues & Intervention programme of Children staying in two Govt. Homes (Directorate of Child Rights & Trafficking, Govt. of West Bengal) June 2020 – May, 2022, from CPEPA, University of Calcutta.
- Joint director of resource hub (under CPEPA-CU centre) for extending mental health support to children staying at different child care institutions and conducting training programme for counselors under Directorate of Child Rights and Trafficking funded by UNICEF, May 2021-Dec 2022.

### **Administrative Experience -**

- Former Head, Department of Psychology, C.U, since March 2011- March2013 and since October 2016- September 2018.
- Former Course Coordinator of M. Phil in Clinical Psychology, C.U. August 2011- August 2015
- Former Member of Senate, University of Calcutta,
- Member of different administrative bodies related to Psychology and Clinical Psychology.

### **Academic involvement with other Institutes/Universities -**

- Acted as examiner in different Universities at the post graduate, MPhil and PhD levels.

### **Acted as resource person indifferent programmes like-**

- Training programmes of ‘High Court mandated online Capsule Course for Police Officers dealing with children’ through the online platform from the E-Learning Centre of Kolkata Police Training Academy, Howrah.
- The State consultation on the use and Abuse of Technology to observe the world Day against Trafficking in Persons.
- Refresher courses for college and university teachers (UGC-HRDC).
- Training programme of chairperson and members of CWC and social worker members of JJB organised by Directorate of Child Rights and Trafficking, Govt of West Bengal.

### **Book/Book Chapters –**

- **Das, S.** & Dogra, A.K. (Eds.) (2022). *Journey with Children in Conflict with Law: Entering a New Paradigm*, Hardcopy: ISBN- 978-93-93662-11-8; e-book: 978-93-662-12-5, Academic Publishers, Kolkata.
- **Das, S.** & Dasgupta, S. (Eds.) (2021) *Samaj Manobigyaan (Social Psychology)*, ISBN 978-81-951559-8-9 West Bengal State Book Board, Kolkata.
- **Das, S.**, Chatterjee, S. & Das, P. (2018). Music and Psychology: Exploring the pathways of better living In S. K. Chaudhuri & P. Bhattacharya Maitra (Eds.) *Cross-cutting Research in Social Sciences*. ISBN 978-81-939363-0-6.UGC-HRDC, University of Calcutta. Kolkata .
- Ray, R. & **Das, S.** (2016). *Rabindranath O Kadambari Devi: Monobijnaner Alope Samparker Itibritta*. ISBN 978-93-5040-722-6. Signet Press, Kolkata.
- **Das, S.** & Ghose, S. (2013). Impact of Swamiji’s Positive Outlook: Positive Psychology for a Depressed Nation. In *Understanding Vivekananda*. ISBN 978-93-81325-31-5 Ramkrishna Mission Institute of Culture. Kolkata
- Ghosh, S. & **Das, S.** (2005). Aggressive orientation and psychiatric morbidity of Bengali Hindu and Muslims: An exploratory study. In J. Basu & H.N. Gupta (Eds). *Glimpses into Behavioural Science: Methods and Themes in Practice*, UGC Academic Staff College , University of Calcutta, Kolkata.

### **Publications in Journals –**

1. Biswas, A. & **Das, S.** (2023). Ego functions, defense style & conflicts: A psychodynamic study on bipolar & depressive disorders. *The International Journal of Indian Psychology*, 11(1).
2. Banerjee, S., Roy, S., Dogra, A. K. & **Das, S.** (2023). A search for Neuropsychological Indicators: A comparative study with Children in conflict with Law. *Indian Journal of Forensic Medicine and Toxicology*, 17(1).
3. Dey, N., Das, P. & **Das, S.** (2022). Role of musical education in cognitive emotion regulation –A study among young adults. *Indian Journal of Psychology & Education*, 12 (2), 35-39.
4. **Das, S.**, Banerjee, S., Chatterjee, S., & Roy, S. (2022). Skill-based Intervention Programme for Children in Conflict with Law: An Innovative Approach from University of Calcutta. *International Journal of Research and Innovation in Social Science*, 6(7), 260-266.
5. Podder, P., Chatterjee, R., Banerjee, S., & **Das, S.** (2022). Addressing the Mental Health Issues of Children and Adolescents in COVID-19 Pandemic: A Comprehensive Approach. *Indian Journal of Health and Well-being*, 13(2), 264-269.
6. **Das, S.**, Podder, P., Banerjee, S., Roy, S., Roy, S., & Mitra, N. (2022). Aggression in Juveniles: Current Psychosocial Context. *International Research Journal on Police Science*, 7(1&2), 59-71.
7. Podder, P., Banerjee, S., Paul, P., **Das, S.**, Vaya, S. L., Chatterjee, S., & Dogra, A. K. (2021). A Study on Executive Functioning and Maladaptive Behaviour of Children in Conflict with Law. *Indian Journal of Clinical Psychology*, 48(3), 30-35.
8. Banerjee, U., **Das, S.**, & Dogra, A. K. (2021). Self-Serving Cognitive Distortions among adolescents with Externalizing and Internalizing Syndromes: A Comparative Study. *Indian Journal of Health and Wellbeing*, 12(3), 272-277.
9. Banerjee, S., Paul, P., and **Das, S.** (2020). A case study on the Neuropsychological correlates of Behaviour of a Child in conflict with law. *Journal of Psychosocial Research*. 15(1).175-185.
10. Mitra, N. & Das, S. (2019). Aggression in Young Adults: Role of Narcissism and Value Conflict. *International Journal of Scientific Research and Reviews*. 8(1), 1567-1577.
11. Ghose, S., **Das, S.**, Poria, S. and Das, T. (2019). Short test of mental status in detection of mild cognitive impairment. *Indian Journal of Psychiatry*, 61 (2), 184-191.
12. Chatterjee, R., **Das, S.** (2018). Perceived family environment of parents of children with Oppositional Defiant Disorder with or without comorbid Attention Deficit Hyperactivity Disorder. *Indian Journal of Health and Well-being*, 9(3), 397-400.
13. Banerjee, S. and **Das, S.** (2018). Caregivers' Burden, Personality, Internalised stigma and Psychological morbidity: An exploratory study among spouses of individuals with mental illness. *International Journal of Scientific Research*. 7(11).
14. Ghose, S., Das, T and **Das, S.** (2018). Neuro-psychological rehabilitation in Alzheimer's disease: Two case studies. *Indian Journal of Clinical Psychology*. 45(1), 70-76.
15. Paul, P., **Das, S.** and Dogra, A.K. (2017). Perceived parenting, self and psychopathology: Psyche of school going adolescent bully-victims of Kolkata Metropolitan. *Indian Journal of Clinical Psychology*. 44 (2), 88-100.

16. Biswas,A. and **Das,S.**(2017).Materialism and its effects on psychiatric morbidity of Indian students.*The International Journal of Indian Psychology.* 5(1).
17. Das,S. **Das,S.** and Chattopadhyay,P.K.(2018).Psychological Distress among Late Adolescents with Obesity .*International Journal of Social Science Review*,6(5),769-774.ISSN2347-3797.
18. Chatterjee, R., and **Das, S.** (2018). Perceived family environment of parents of children with Oppositional Defiant Disorder with or without co-morbid Attention Deficit Hyperactivity Disorder. *Indian Journal of Health and Well-being*, 9(3), 397-400
19. Ghose, S., **Das, S.**, and Sadhu, A. (2017). Cognitive dysfunction in urban elderly people: an exploratory study using neuropsychological and neuroimaging perspective. *Open Journal of Psychiatry & Allied Sciences*, 8 (2), 141-7. DOI:10.5958/2394-2061.2017.00011.8. Epub 2017 May 9.
20. Chakraborty, N., & **Das, S.** (2016). The Pathway to Personal growth: Converging theoretical culminations. *AcademiaGMGC* ,Volume-3.
21. Nasreen, S., Podder, P. and **Das, S.**, Dogra, A.K. (2016). Impact of Music Training on Cognition of Children. *Indian Journal of Clinical Psychology*, 43(2), 137-146.
22. Podder, P., **Das, S.**, Vaya, S. L. and Chatterjee, S. (2016). Formulating an Integrated Intervention Programme: Reshaping the Brain-Behaviour Functioning of Children in Conflict with Law in India. *Journal of Psychology and Clinical Psychiatry*, 6(7), 00405. DOI: [10.15406/jpcpy.2016.06.00405](https://doi.org/10.15406/jpcpy.2016.06.00405)
23. Dutta, S., and **Das, S.** (2016). Cognitive Behaviour Therapy in Social Phobia- A Case Study. *SIS Journal of Projective Psychology and Mental Health*,23, 88-95.
24. Dutta, S., and **Das, S.** (2016). Meta-cognitive style and stress vulnerability among anxiety disorders: Interpretative approaches from TAT narratives. *International Journal of Social Sciences Review*, 4 (3), 359-364.
25. Dutta, S. and **Das, S.** (2016). Application of Self- Regulatory Executive Function (S-REF) Model in psychopathology formulation of patients with anxiety disorders. *Indian Journal of Clinical Psychology*, 43(1), 12-19.
26. Dutta, S., **Das, S.**, and Dogra, A.K. (2015). Generalized Anxiety Disorder, Social Phobia and Mixed Anxiety & Depressive Disorder: A Comparative Study of Metacognition and Stressful Life Events, *Indian Journal of Psychological Issues*, Vol. 23(2), 35-48.
27. Dutta, S. and **Das, S.** (2015). A comparative study of some psychosocial factors in Schizophrenia, *Indian Journal of Clinical Psychology*, vol-42(2), 102-110.
28. Mukherjee, A., Datta,S., Sanyal, A. and **Das, S.** (2015). Personality of Children with Emotional Disorders: A psychodynamic study, *SISJournal of Projective Psychology and Mental Health*, 2015,23:22-26
29. Mukherjee,A., **Das, S.**& Dogra, A.K. (2014). A Comparative study of Personality and Parent child relationship in Children with Internalised and Externalised Disorders, *Indian Journal of Health & Wellbeing*.
30. Mondol, P. &**Das, S.** (2014). Early abusive experiences and psychological consequences: a study with institutionalized children,*SIS Journal of Projective Psychology & Mental Health*, 21(2) July, 98-103.

31. Chakraborty, N. & Das, S. (2014) . Personality and Personal Growth in the Working Midlifers ,*Journal of Humanities & Social Science* e-ISSN: 2279-0837 p-ISSN: 2279-0845 vol-19(3), Ver. V(Mar.), 69-83.
32. Chakraborty, N. & Das, S.(2013). Influence of Psychiatric morbidity and self-efficacy on midlife generativity, *Indian Journal of Health and Wellbeing*, 4(7). p.1374-1380.
33. Ghose, S. and Das, S. (2013). Quest for defining wisdom in psychology: A brief overview, *Indian Journal of Positive Psychology*, 4(4).p.568-570.
34. Chakraborty, N. & Das, S. (2013). Protecting the resilient worldview: A study of male and female post-graduate students, *Indian Journal of Positive Psychology*, 4(1), 76-81.
35. Bhattacharya, S. & Das, S.(2013). Women and motherhood: Social and psychological interpretation. *Indian Journal of Health and Wellbeing*, 4(7). 1470-1473.
36. Chakraborty, N. and Das, S. (2012). Midlife and the Life-course- The associated shifts in life perspective and societal obligations. December, *Indian Journal of Positive Psychology*.
37. Ghose, S. and Das, S. (2012). Optimism, meaning in life, spirituality and subjective well being in emerging adults in Kolkata: A brief exploratory study, *Indian Journal of Positive Psychology*, 3 (3), 232-237.
38. Chakraborty, N and Das, S. (2012). Middle Adulthood: Connotations across cultures. *Journal of Psychometry*, 26 (1). 9-18.
39. Dutta, D. & Das, S. (2010) Impact of maternal employment on well-being, personality and parent-child relationships of young adults. *SIS Journal of Projective Psychology and Mental Health*, 17, 45-52.
40. Ray, R. & Das, S. (2010). Rabindranather “Chhabi”: MonoboignanikParyalochona. *RabindraBharatiPatrika* (Dwivashik), New Series, 13, 115-120.
41. Ray, R. & Das, S. (2010) Few Selected Poems of Tagore: An Eriksonian Interpretation. *Rupkatha e- Journal on Interdisciplinary Study in Humanities*.
42. Chakraborty, N. & Das, S. (2010). Generative Concern in Middle Adulthood. *Journal of Psychometry* 24 (2), 79-91.
43. Dogra, A. K., Basu, S. and Das, S. (2008).The Roles of Personality, Stressful life events, Meaning in Life, Reasons for Living on Suicidal Ideation: A study in college students. *SIS Journal of Projective Psychology & Mental Health*, 15 (1), 52-57.
44. Mukherjee, S., Dogra, A. K., Das, S. and Basu, S. (2008). Contributory Factors of Death Anxiety. *Journal of Psychometry*, 22 (1), 1-13.
45. Mukherjee, S., Dogra, A. K., Das, S. and Basu, S. (2008). Contributory Factors of Hope. *Journal of Psychometry*, 22 (2), 20-29.
46. Bhattacharya, S., Das, S. and Basu, S. (2008). Meaning in life, Hope, Coping and Midlife Wellbeing-A Correlationl Study. *Indian Journal of Clinical Psychology*, 35 (1).
47. A.K.Dogra ,S.Das & others (2008 )Personality, stressful life events, meaning in life and reasons for living *Indian Journal of Clinical Psychology* 35 (2), 120-126.
48. Ray, R. & Das, S. (2008-09). RabindranatherRogshayye: Pragna O AtmasamhatirPrakash. *Academy Patrika*, PaschimbangaBangla Academy, 27, 86-95.

49. Dogra, A. K., Basu, S., **Das, S.** and Sarkar, P. (2005). Efficacy of JPMR (modified) on hypertension and associated psychological parameters. *Indian Journal of Clinical Psychology*; 32(1), 54-62.
50. **Das, S.**, Malini, V. Bhattacharya, S. Saha, B. and Mallik, S. (2004). Psychiatric morbidity as a risk condition in HIV infection. *Indian Journal of Clinical Psychology*, 31(1), 75-77.
51. **Das, S.**, and Chattopadhyay, P. K. (1998). Comparison of three behaviour therapy techniques in treatment outcome: An East –West synthesis. *Social Science International Interdisciplinary Reading*, 14(1&2), 71-83.
52. Khess, C. R. J., Akhtar, S., Jagawat, T., **Das, S.** and Srivastava, A. (1996). Gender and psychopathology in Obsessive Compulsive disorder. *Indian Journal of Psychiatry*; 38(3), 166-171.